



# A WRAP-AROUND APPROACH TO SEND SUPPORT

How mentoring, tutoring and family advocacy can help children feel understood, supported and able to thrive

## Navigating SEND within mainstream school can feel emotionally exhausting for families.

Many parents are trying to support a child who may be:

- anxious about school
- emotionally overwhelmed
- masking throughout the day
- struggling academically
- losing confidence
- exhausted after school
- feeling misunderstood within the school environment

At the same time, families are often managing meetings, referrals, communication with school and the wider emotional impact on home life.

Children often benefit most when the adults around them work together with curiosity, consistency and understanding.

## Why Some Families Need Wrap-Around Support

Wrap-around support recognises that children need support emotionally, socially and academically — not just behaviourally. It also recognises that parents need support too.

Supporting children through understanding, connection and curiosity.

## How Mentoring Can Help

For many children, having a trusted adult outside home and school can feel calming and emotionally safe.

Mentoring can help children:

- build confidence
- explore worries safely
- reduce feelings of shame or failure
- strengthen emotional regulation
- feel heard and understood
- rebuild trust around learning and school

## How SEND-Informed Tutoring Can Help

Many neurodivergent children begin to associate learning with stress, pressure or repeated feelings of failure.

SEND-informed tutoring is not simply about “catching up”.

It is about rebuilding confidence and adapting learning approaches to meet the child where they are currently.

Children often benefit from:

- personalised teaching approaches
- reduced pressure
- flexible pacing
- sensory-aware learning
- calm encouragement
- opportunities to experience success again

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